

# Pakkeliste

## Whale safari and dog sled on Disko Island

### Packing list

We have prepared a packing list to help you when packing for your trip. The packing list contains general information as well as what is useful to bring on this specific journey.

The packing list should be seen as a guide to what you CAN bring, and not as a list of items you MUST bring, as individual needs and preferences may vary. However, our experience shows that the items listed below are useful to bring.

### Luggage

You can bring 20 kg of checked baggage and 8 kg of hand luggage. It is possible to leave any remaining/excess baggage that you do not need for the overnight stay in the cabin.

We recommend bringing a daypack, which can also be used as hand luggage on the flights.

For your main luggage (the baggage checked in for the flights), we recommend bringing a soft sports bag, backpack, duffel bag or similar, as this type of luggage is easier to handle during transfers, boarding boats, disembarkation and other transport situations. However, it is possible to bring a suitcase. Please note that, as a general rule, you should be able to carry and handle your own luggage throughout the entire journey.

### Boots

It is a good idea to bring sturdy hiking boots with a stiff sole (e.g. Vibram) and good ankle support to help prevent ankle injuries. As there is not a lot of hiking included on this trip, a pair of regular winter boots that you are comfortable walking in can also be used.

It is a good idea to travel wearing your boots from home or to pack them in your hand luggage in case your checked baggage is delayed unexpectedly.

It may be a good idea to bring shoe spikes/ice grips/traction cleats to attach to your footwear, thereby reducing the risk of slipping on icy surfaces.

It may also be a good idea to bring gaiters to prevent snow from getting into your boots.

### Other footwear

Optional: lightweight footwear, such as sandals or slippers, for indoor use, e.g. in the cabin.

### Sleeping bag, sleeping bag liner and sleeping mat

You do **not** need to bring a sleeping bag, sleeping bag liner or sleeping mat on this trip. All of these items are already available in the cabin at Lyngmarksbræen on Disko Island.

## **Clothing for whale safari and dog sledding**

- 1 warm wool sweater and 1 fleece sweater
- 1 pair of fleece trousers or insulated trousers
- 1 warm hat / balaclava (must cover the ears)
- 1 pair of warm mittens (optionally with a pair of thin gloves underneath)
- 1 scarf/neck gaiter/buff
- 2 pairs of thick hiking socks
- Optional: 2 pairs of thin liner socks
- Moisture-wicking base layer, preferably woollen underwear
- 1 thin wool sweater
- 1 windproof anorak or jacket with hood

In general, it is best to dress in several layers, as this makes it easier to adjust your clothing to the current weather conditions.

Ski underwear (that does not contain wool) is designed for activities where you are moving. During dog sledding/snowmobile activities, you sit still for up to a couple of hours, and you may therefore feel colder if you do not wear wool as your innermost layer.

It may be a good idea to bring hand and foot warmers for your gloves and boots respectively.

## **Other clothing**

- Travel clothing
- T-shirts
- Shirts/long-sleeved tops
- Socks
- Underwear

## **Sun protection**

- Good sunglasses
- Sunscreen and lip balm with SPF

## **Miscellaneous**

- Passport, currency, health insurance card and travel documents
- Personal medication
- Large water bottle/drinking bottle (preferably 0.75–1 litre)
- Entertainment/games for boat trips and time in the cabin
- Power bank and optionally a headlamp/flashlight for the cabin
- Toiletries (optionally wet wipes for personal hygiene in the cabin)
- Camera and possibly extra batteries/charger
- Binoculars